

**1. Dressing Care:**

Keep your dressing clean & dry. Change your dressing two days after surgery and apply a band-aid to the incision. You may wash the incision with soap & water, but not submerging or bathing is allowed until 2 weeks. Keep a clean dressing on the incision until your follow-up appointment.

**2. Pain Medication:**

You will be given a painkiller \_\_\_\_\_ to be taken 1-2 pills every 4-6 hours as needed. Do not drink or drive while on pain medication. Do not take additional Tylenol based pain medications while on this medication.

**3. Activity:**

Work on finger & grip range of motion following surgery. You may use the hand as tolerated, gradually progressing to full activity.

**4. General Instructions:**

If you notice any signs of infection such as increased pain, redness, or fever  $>100.5^{\circ}$  F, call the office immediately.

**5. Follow-up Appointment:**

Call the office at (616) 949-8945 to schedule an appointment for 10-14 days after surgery.

**6. Other Instructions:**

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*If you have any problems or concerns following surgery, please call our office at (616) 949-8945.*